

# Joint effort yields improvements

A joint effort by students, faculty, and administrators has brought to completion a project which for so long was never more than a dream. The money earned from a raffle sale last spring and a check from the Clarke student government amounted to \$1700. The dream became a reality when the money began to be used to purchase athletic and exercise equipment.

The equipment in the exercise room alone cost \$800 for two exercise bicycles, a slant board, a belt, roller massager, an exer-gym, a calf and

arm exerciser and a pulley bench. Posters describing in detail how to use each piece of equipment are mounted on the walls in the exercise room.

Four hundred and sixty dollars was spent for carpeting. Paint cost \$136 and the job was completed over two days by Sisters and students. This represented a savings of \$264 by not calling in professional painters. The college paid the bill for the electrical wiring, which came to \$380 and for the many hours of maintenance work. The faculty too

deserves thanks for their labors at painting.

The faculty will have the exercise room reserved for an hour each night. The room will be kept open as long as the room is not abused by smoking or street shoes. No males will be permitted inside the exercise room.

Also from the sum of \$1700 two ping-pong tables were obtained and a cemented volleyball court with stakes and a net was built. An attempt is being made to set up an outside basketball hoop.

If you have been losing your way in the carpeted hallway, this doesn't necessarily mean you are new. No, the campus has been retouched and remodeled in a sense. Several offices have been shifted to allow offices of similar nature to be grouped together. The Counseling Center and Campus Ministry are now side by side. The office for the Continuing Education of Women and the Career Planning and Placement office have both expanded. In some cases, the grouping of three or four offices has occurred, as in the

History department. A Journalism-Communications office with a nearby TV studio has been created.

Over the summer West Hall was renamed Mary Benedict in honor of Sister Mary Benedict Phelan, Clarke president for 12 years.

During that time, Sister Mary Benedict, now living at Mundelein, did much to improve the physical plant including the building of West Hall and the Science Building. So last year the Board of Trustees voted the naming of West Hall in her name as a lasting memorial.

## the COURIER

Vol. XLVIII, No. 1

CLARKE COLLEGE, Dubuque, Iowa

September 13, 1974

### Variety spices Clarke food service; ARA implements cafeteria changes

The ARA cafeteria service at Clarke has implemented several significant changes in its menu since the start of the academic year.

A steak dinner has already been introduced and the traditional buffet or a steak dinner will here after become a weekly meal. Fresh fruit will be offered every day rather than every other day. At every lunch and dinner, ice cream will be available. In addition, salads and desserts will be more varied so that lunch and dinner choices are not the same from meal to meal.

With a recent change in management, the ARA company

now operates the cafeteria services at all three Dubuque colleges, although each will still be run independently. A uniform tri-college menu has been prepared by the regional chef with only minimal differences due to specific preferences in food preparation on each campus.

"It's going to help the managers work closer together for the benefit of the students," says Jack Coffey, manager of ARA at Clarke.

He says that the no-seconds policy for entrees and desserts must remain. Food prices have not stabilized at all and Coffey sees "no

relief in sight." Although meat prices, in contrast to most items, have declined, they are also expected to rise shortly.

Coffey asserts, "The only people who are going to gain are the students. They will realize some improvements from the rise of their board rates."

The manager anticipates some occasional adventures in dining, such as a Mexican meal.

With new improvements and ideas for the cafeteria service, Coffey expects a good year in dining services for the students.

### Size of freshman class changes trend in decline

The size of the freshman class is of special notice this year because it shows a reversal of a persistent decline in freshman enrollment at Clarke. A total of 133 have registered, including 101 residents and 32 off-campus students. This represents a five-and-one-half per cent increase over the size of the freshman class last year. This increase includes a rise of 68 per cent in the number of commuter freshmen a year ago.

Last year only 58 per cent of the freshmen accepted actually enrolled, so that a total of 42 per cent withdrew. This year 72 per cent of those accepted now attend Clarke.

It is estimated by the Clarke Public Relations Office that 72 per cent of the entire freshman class visited the campus before beginning their years here. The freshman class comes to Clarke with a variety of backgrounds, from 82 different secondary schools. 46 per cent of the

class of '78 are from public schools, while 54 per cent graduated from private schools.

A number of transfer students have also joined the Clarke student body - 12 on-campus and 12 off-campus.

Clarke President Robert Giroux, speaking of all those involved in recruitment, says, "We made an all-out effort and expect to compound our efforts next year. We had some very valuable experiences and we feel that our goals in this area are much more crystallized than they were a year ago."

Giroux emphasized the importance of publicity about Clarke by students as well as administrators. He added, "I would especially call upon the freshman class to return to their high schools and tell the good news about the education of women at Clarke College."

### CEW offers choices to colleges and community

By Fran O'Brien  
Staff Writer

As the center for Continuing Education of Women (CEW), enters its second year under Director Louise Ottavi, numerous options are open to both the community and Tri-College Students in the field of counseling, enrichment programs, mini-courses, and part-time enrollment.

Included in this fall's calendar of free enrichment events for college students and the community are slide lectures concerning the history of Dubuque. Presented by Frank McCraw, American History teacher at Hempstead, the event will feature a slide show on Dubuque architecture to be held November 4.

Small Group Counseling Workshops for adult women, funded by a Federal Grant through the program, IMPACT, are conducted by Dr. Jerry Jorgensen, Clarke's Counseling Psychologist. This includes workshops such as: Life Planning, Career Quest, Personal Effectiveness, and Academic Desensitization. Similar workshops will be offered to Clarke students.

The Center directs part-time

students which presently includes 73 adults and eight high school students at Clarke. Babysitting services for women with children are held in Room 21 of Margaret Mann by Clarke students.

Last year approximately 160 women participated in the adult mini-courses which CEW is again sponsoring.

### BVM offers guest prayer

July 17 was a historic day for the United States Senate and all women, in particular the BVM community.

On that day, Sister Joan Doyle, BVM was the guest chaplain for the day at the U.S. Senate to deliver the convening prayer. She is the second woman in history to offer the prayer and the first of the Catholic denomination. The first woman was the Reverend Wilmina Rowland of Philadelphia in 1971.

The invitation was extended by the Reverend Edward L. R. Elson, Chaplain of the Senate and sponsored by Senator Dick Clark of Iowa.

### Counseling Center seeks board

Jerry Jorgensen, Ph.D., head of the Clarke Counseling Center, is seeking student input to "improve the quantity and quality of services that we offer."

"What we're trying to do is go directly to the student body for participation in the Counseling Center's direction. We want interested people from any class or organization," he explains.

Dr. Jorgensen will meet with any

students who respond favorably to his request for student advisors and then select about four to six students.

By planning, evaluating, and publicizing programs, those chosen will serve on a Student Advisory Board as a channel to the student body. In voicing student concerns, the committee members will suggest what the Counseling Center should be doing.

Dr. Jorgensen says, "the Coun-

### 13x13 to take 9 on tour

One of the show troupes from the Music Department, 13 x 13, has been selected to do an overseas tour of the Northeast Command for the Department of Defense during the summer of 1975. However, because the Army has restricted the number of the group to 10, there will be nine performers and their director.

The 37-day tour begins on June 11 and they will tour Newfoundland, Labrador, Iceland, and Greenland. Selection for these tours is made by the National Music Council and

the tour is coordinated by the United Service Organizations (USO). The musical group will be under the supervision of the Northeast Command Military Special Services.

Director of 13 x 13 is Sister Anne Siegrist. Tour members are: juniors Mary Beth Dainko and Becky Weilein and sophomores Ann Henkels, Maureen Kennedy, Kim Mootz, Mary Beth Schott, and Jan Schwarzkopf. Freshmen Mary Therese Bank and Kathy Berger will also perform.

seling Center needs to gain more visibility. We need to change its image from simply therapy to varied programs that help all types of people develop. We need to show that we are available and that we can offer something to the entire school community."

Last year, in addition to one-to-one counseling, the Center offered life-planning and career development workshops, academic anxiety group sessions, and a seminar for student couples. Jorgensen says, "Although these are not generally seen as counseling, they fit very well into that."

"We intend to get involved in the whole educational process. We feel we've made a start and we're open to developing further."

Jorgensen states the need for student interest. He says, "Now we need to know what people want. Hopefully the Board members can help answer this question."

### around the dubuque colleges

Clarke College recently received a \$3,170 Exxon Education Foundation Grant under its IMPACT program. The grant is to be used to develop the Student Academic Assistant Program to be directed by Dr. Jerry Jorgensen.

Six students have been hired in the Admissions Office as campus tour guides this year. Seniors: Mary Ann Kelleher, Mary Kay O'Brien, Linda Sullivan, and Meredith Tighe, and juniors: Meg Getman and Becky Weilein will give tours of the campus to school groups and prospective students and their parents.

Sixty more undergraduate students, an increase of 27 percent over the previous summer enrollment at Clarke, attended

courses this summer. Thirty-six degrees, 8 Bachelor of Arts and 28 Master of Arts, were awarded at the Summer Commencement on August 1, 1974.

Two new admissions counselors have joined the staff of the Admissions Office. Ann Lynch, Clarke graduate of 1974, will travel in the Chicago area and portions of the states of Wisconsin and Indiana. Chicago will be Ann's home base. Jane Heinzelman, '74, of Dubuque will live in Dubuque and cover Missouri and the southern half of Iowa.

The Buddy Club will begin this year's activities with the mentally handicapped by a picnic at Flora Park from 12-3 p.m. on Saturday, September 14. New members are

welcome.

The Iowa State Education Association (ISEA) will hold their first meeting on September 15, 1974 in the Mary Jo Informal Lounge.

A nine-day London-Paris Theatre tour is planned during the Christmas vacation for \$479.

A transatlantic jet will depart from Chicago on December 27, 1974 and will return to Chicago from Paris on January 4, 1975. Included in the \$479 will be reservations at tourist hotels, all full English breakfasts daily, three theatre parties, sightseeing admission fees, and a bus tour of London.

If interested, contact Sister Xavier Coens and write a \$100 check to Education Tours, Inc. as soon as possible for deposit.

### Fulbright-Hays scholar pursues classical studies

By Cathy Ford  
Staff Writer

Sister Mary Josepha Carton, chairperson of the Clarke Classical Languages Department, was one of 12 U.S. recipients of Fulbright-Hays Grants to study at the American Academy in Rome and at the Villa Virgiliana in Cumae this summer.

Sister Josepha's days were filled with lectures on Roman history and day-long trips to sites such as Pompeii, Roman colonies at Cosa, and Etruscan tombs. One of Sister

Josepha's greatest thrills was climbing the Parthenon and looking through the opening in the dome.

Sister Josepha feels this experience, as did her 1967 grant to study Greek history at the American School of Classical Science in Athens, will enable her to bring more background and enrichment to her classes in classical heritage and literature.

Later this year, Sister Josepha hopes to present a slide lecture in the Alumnae Lecture Hall to the Clarke and Dubuque communities.



# Orientation eases freshmen into college life

Beginnings are always uncertain and starting one's college years is no exception. On Saturday, August 24, 133 freshmen arrived on campus with parents and luggage intact. As freshmen arrived it became necessary to get to know Clarke, to get to know each other, and to know oneself, particularly in the area of decision-making.

The orientation team aided the newcomers in making the transition through general session, seminars, and individual counseling.

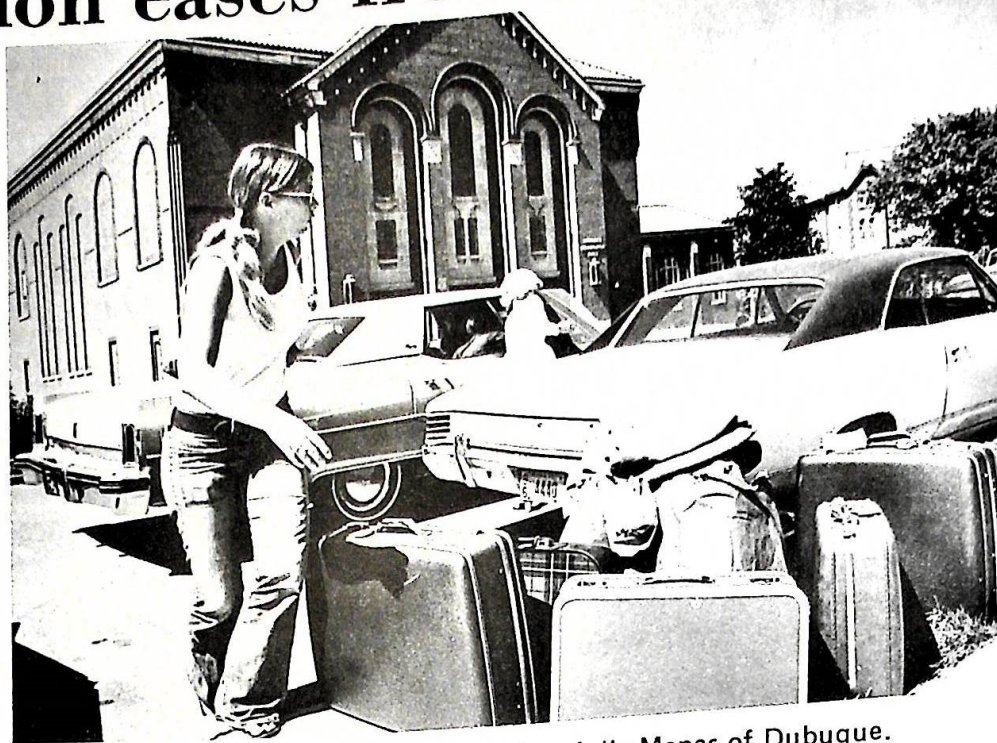
Dinner on Saturday evening, August 24, set the tone for orientation. Freshman Seminar I followed for students with "Star Power" and "Stop Action" tasks to show the importance of sharing and to begin the assimilation process. A reception came next and at that point the day's activities ended, at least the official activities. Time was allotted in the dorms for the newcomers to get a chance to know each other better.

Sunday activities included two more seminars, liturgy, a general session, dinner, and a residence meeting. At 8:00 p.m. a swimming and popcorn party was held at the student union and pool.

General and Academic Scatter Sessions took place on Monday to help new students select areas of interest. At 5:00 p.m. a Tri-College Picnic was held on the Mary Jo lawn with a Tri-College Dance at Loras later in the evening.

Tuesday brought registration with the assistance of academic advisors.

College is also a transition period for parents. During the student orientation activities August 24-25



"Let's see, did I forget anything?" wonders Julie Mapes of Dubuque.

parents were involved in a program called "Parents Aware." Aside from dinner on Saturday a session entitled, "The Clarke Experience" was conducted in Catherine Byrne Hall by: Sr. Helen Thompson, Ph.D. Academic Dean; Sr. Therese Mackin, AM Dean of Students; and Mr. Gerald Jorgenson, Ph.D. Clinical Psychologist.

Sunday morning activities included two Scatter Sessions. Here parents were able to choose topics

ranging from, "What Makes Clarke Catholic" to "Humane Efforts to Cope with a Technological Society." Liturgy and lunch followed. The 135 freshmen came to Clarke

for numerous reasons. Jane Daley of Burlington says, "The most exciting thing I think is the closeness because it's a small private school. Being an all-girls is a distinction. People look at that and Clarke's got a good name."

Bev Schroeder of Carroll came to Clarke because, "I thought Clarke had a lot to offer in history."

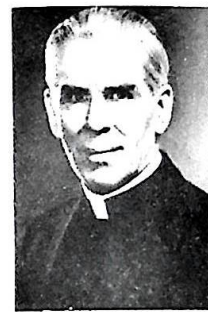
"I liked the set-up, it was an all girls, and 13x13 really caught my eye when I came here to visit," Jean Eppinson of Council Bluffs related.

Paula Koellner of Fort Madison gave her reasons for coming, "A couple of girls from my high school went here and the Math Department is pretty good, I hear, and that's what I'm interested in."

"I'm looking forward to meeting everybody," explains Kathy Kelsey of Savana, Illinois. "I just want to meet a lot of new people. It's a chance to go away from home and to be on my own to see what it's like."

Jane Skelley of Maquoketa has an older sister who attended Clarke. "I guess I've always known I would come here. I've always felt comfortable whenever I came. I wanted something small, close to home, and good academically."

## Sheen: 3 types of love



Archbishop Fulton J. Sheen

Archbishop Fulton J. Sheen addressed a capacity crowd on the topic, "Free Love" in the Loras Fieldhouse, Monday, September 9 at 7:30 p.m.

The Most Rev. Sheen is Titular Archbishop of New Port, Wales and retired Bishop of Rochester, New York. Known for his appearances on the NBC Catholic Hour from 1930 to 1952, he is also a noted author and clergyman.

Bishop Sheen was introduced to the audience by Monsignor Francis Friedl, President of Loras College as "...today's greatest orator." Friedl reflected upon an earlier visit Sheen made to the campus, "Little did we know that with the advent of television his audience would reach millions." Monday's lecture marked the Archbishop's third trip to Loras.

Sheen captivated the interest of those present when he began by saying, "I have not retired, I have retreated." The clergyman went on to quip that people had convinced him of his talent for oration and that he could see that when he finished speaking "there was a great awakening in the audience."

The Archbishop related different events he encountered in dealing with people. During a lecture at UCLA he was questioned by a student on how Jonah could be embedded in the stomach of a whale.

Sheen replied, "I haven't the faintest idea. When I get to heaven I'll ask him." The student shot back, "What if he's not there?"

Archbishop Sheen retorted, "Then you ask him."

The core of Sheen's lecture was his message. "It is not true that anything is all right if you love." The message was relayed to the audience by explaining three Greek words for love.

The first Greek form of love is called Eros which is in conjunction with noble companionship.

With the advent of Freud "eros" took on a new connotation of impersonality and became a term advocating sex for pleasure's sake. He states, "You drink the water; you forget the glass."

Philia, the second form of love, is a love for humanity rather than one person. The Ar-

chbishop classified speech, vision, and touch as important means of communication in Philia. "If you want to know what communication is, touch the hand of a wrinkled old... or a leper," he challenged.

The clergyman brought out his point on love for humanity when Sheen declared, "No one lives alone and no one dies alone. We are all involved with humanity."

Agape, the final form of love came to be with the coming Christianity and its world reflecting moods of the Catholic Church. The sacrificial love shows Christ as a leading example. Sheen relayed an incident in Africa when he was giving silver crucifixes to the lepers. Because of the gnarled state of one of the leper's hands Sheen hesitated to give away the little cross and thus dropped it into the gnarled hands, unwilling to touch them. When he realized what he did, Sheen took back the crucifix and pressed it into the hands of the "volcano of leprosy."

Sheen portrayed Christ not as a "Superstar" but as a "Superscar" who because of His love sacrificed Himself completely for man. This is the greatest sign of sacrificial love, Agape. Sheen suggested that "Our heart is not perfect in shape or contour like a valentine," because God has kept a small sample of it in heaven. According to Sheen man cannot attain a perfect love until he returns to God and receives the small piece of his heart which God has kept for him through all eternity.

## Editorial

### "Only the strong survive"

By Fran O'Brien and Eileen Enzler

Twenty-one trees were destroyed by recent summer storms on the Clarke campus. Lifeless limbs and trunks were gathered and carted away, never again to enframe the college.

Environment has been to these trees what modern-day problems have been to so many college campuses.

Clarke has weathered many storms under which some other campuses have folded. Why has Clarke survived? Clarke has not merely maintained herself but has striven toward survival of the prepared.

Many small colleges have collapsed under the weight of rising costs. While the Iowa Tuition Grant, scholarships, loans, and work study programs have aided many students, a need still existed for additional assistance. Last spring, the Board of Trustees approved adoption of Clarke College Tuition Grants to increase financial aid sources.

Clarke has been expanding beyond the typical liberal arts program with such departments as Economics-Management Science, Social Work, and Journalism-Communications. Due to widening career options for women and increased student interest, additional instructors have been hired in each of these departments. Adding personnel in a large university may not reflect a major shift in department emphasis. However, the small college is often more conservative in its expansions and cutbacks. Clarke's expansion (in the areas already mentioned) is, therefore, significant.

Clarke has answered the challenge of changing lifestyles by offering viable solutions. In the area of dorm-living, rooms can be adjusted to personal taste. The key

system assumes maturity in the individual choosing of hours. The Center for the Continuing Education of Women, (CEW), shows a growing demand by women for ongoing education to fulfill their aspirations. The acquisition of a well-equipped exercise room, bike room, volleyball court, and ping pong tables, represent the culmination of faculty, administrations, and student efforts to expand recreational opportunities.

For the first time in seven years freshmen enrollment has risen - by five-and-one-half percent. Both the Admissions Office and the Public Relations Office have utilized new advertising techniques in the stiffening competition among colleges. The Admissions staff have attended workshops on recruitment, have taken stock of their procedures, and have revised them as needed. The Public Relations Office has used the mass media more and more extensively in buying radio and television time, and in capitalizing on opportunities to publicize Clarke events and people. In addition, anyone who concurs with Clarke's prevailing philosophy becomes a recruiter with far-reaching vibrations relating so much of the personal dimension found in the Christian Clarke community.

While its solutions to the modern storms of rising costs, shifting job markets, changing life styles, and sophisticated advertising are future-oriented, Clarke has maintained its roots in the unchanging goal of guiding women to their fullest potential. The college has consistently sought to do this by building a strong close-knit community emphasizing the personal dimension of Christian education.

"Only the strong survive."

## Courier states editorial policy

### INDEPENDENCE

Freedom from all obligations except that of fidelity to the public interest is important, the COURIER, recognizing that the publisher of any newspaper is ultimately responsible for its content, acknowledges its constituency as including college administration, faculty, and students, and considers all three groups in its contents. The COURIER reserves the right to comment on activities of all sections of the college community with due regard for the laws of libel and the duties of charity and justice.

### RESPONSIBILITY...

It is the responsibility of the newspaper to promote the general welfare of its readers by keeping them informed and aware of campus issues and events. This responsibility is shared by all members of the staff.

### ACCURACY, TRUTH, FAIR COMMENT...

The COURIER is not to be excused for lack of thoroughness in gathering and reporting the news, and avoidance of all writing that might bring charges of libel are essential qualities in journalism.

### IMPARTIALITY...

News stories should be free from opinion or

partiality of any kind. Expression of opinion may be given in editorials or in articles signed by the writer authorizing his own interpretations.

### JOURNALISTIC STYLE...

Good journalistic style excludes all obnoxious and all vocabulary not in current reputable usage. (Reputable means used by THE ASSOCIATED PRESS, NEW YORK TIMES, TRIBUNE, DES MOINES REGISTER, THE TELEGRAPH HERALD, and in standard dictionaries.)

COURIER Editors

# COURIER

vol. viii september 13, 1974 no. 1

Second class postage paid at Dubuque, Iowa 52001. \$2.00 per year. Published bi-weekly during the college year except during Thanksgiving, Christmas and Easter vacations, and examination periods by the students of Clarke College.

Catholic School Press Association  
Newspaper of Distinction

co-editors...eileen enzler, fran o'brien  
writers and reporters...mary brady, anna campbell, cindy dalsing, denise dion, cathy ford, linda glodek, vicki johnson, mary lou johannek, mary lynn neuhaus, loretta reed, mary beth ryan, tracé time.